

## Make a super-easy scrunchie!



Create your very own **stunning hair scrunchie**. It's a great way to use up scraps of fabric, and it's **super easy** as there's **no need for sewing or glue** – simply tie strips of fabric on to an elastic band! Create a fabulous collection to **jazz up your dance costumes** or **make as gifts** for family and friends.

Please be careful using scissors, and make sure you are supervised by an adult.

### You will need

- Fabric scraps, tulle, ribbon or wool
- Hair elastic band (wide enough to fit around your wrist)
- Scissors

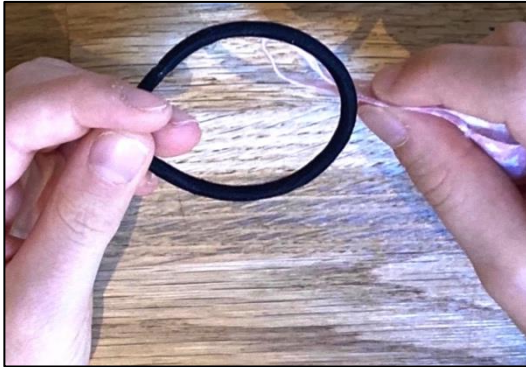
### How to do it

**1.** Cut your fabric strips, tulle or ribbon into strips that are approximately 20 cm long and 2–4 cm wide. Depending on the thickness of your fabric, you will need around 20–30 strips to cover the whole elastic band.

Take a fabric strip and join the two ends to make a loop.



**2.** Hold the elastic band in your left hand between your index and middle finger. With your right hand, pass the folded end of the fabric through the elastic band. Take hold of the loop with your left hand, between your thumb and index finger. Keep holding on to the loose ends with your right hand.



**3.** With your right hand, thread the loose ends through the loop. Pull the fabric tight so it ties securely on to the elastic band. It will be a little fiddly at first, but you'll soon get the hang of it!



**4.** Continue tying each fabric strip onto the elastic band until you have covered it completely. Arrange the strips in any pattern you like. Use scissors to trim the ends if needed, so the strips are all the same length. When you've finished, have a go at creating more scrunchies using different patterns and colours!

